

# Exclusive Health Screening Packages for ESG Wellness Series Community

# Packages

Package Name & Description (In SGD Before GST)	A	B	C	D
Normal Price	\$79	\$184	\$291	\$447
Discounted price for ESG Wellness Series Community	\$69	\$169	\$259	\$339
Enjoy Savings of	\$10	\$15	\$32	\$108
Physical Examination (Check for BMI & blood pressure)	Height & Weight (BMI), Blood Pressure			
Lipid Profile (Check for cholesterol levels, which is risk for heart attack and stroke)	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Total Chol/HDL Ratio, Triglyceride			
Diabetic Profile (Screen for diabetes)	Glucose (Fasting)			
	HbA1c (If blood glucose is >7mmol)			
Kidney Profile (Check kidney health)	Creatinine, Sodium, Potassium, Chloride, Urea			
Liver Profile (Check liver enzyme levels and liver health)	Total Bilirubin, Total Protein, Albumin, Globulin, A/G Ratio, ALT/SGPT, AST/SGOT, Alkaline Phosphatase, GGT			
Bone/Joint Profile (Establish bone health and joint mobility)		Uric Acid		
		Phosphate, Calcium, Rheumatoid Factor		
Urine Analysis (Screen for urine infections and kidney health)	Urine FEME			
		Urine Microalbumin/ Creatinine Ratio		
Haematology (Screen for infection and anaemia)		Standard Full Blood Count, ESR		
Thyroid Profile (To monitor thyroid hormone which regulates metabolism)		Thyroid Stimulating Hormone, Free Thyroxine (Free T4)		
Venereal Profile (Screen for STD)		Syphilis TP Ab VD (RPR) and TPPA (if syphilis TP Ab is reactive)		
Hepatitis Profile (Screen for liver hepatitis infections)		Hep Bs Antigen, Hep Bs Antibody, Hep A Antibody		
Cancer Markers (Screen for cancer risks)		AFP (Liver), CEA (Colon)		
			CA 19.9 (Pancreas), PSA (Prostate), Total HCG (Testicular), CA125 (Ovary), CA15.3 (Breast)	
Cardiac Profile (Determine risk of cardiovascular disease)				CRP, hsCRP, Apolipoprotein A 1, Apolipoprotein B, Apolipoprotein A1/B Ratio

# Add-On (Optional) Onsite Tests

No.	Add-On (Optional)	Description	Price (in SGD before GST)
<b><u>CANCER MARKERS</u></b>			
1	AFP (Liver)	To screen for liver cancer	\$35
2	CEA (Colon)	To screen for colon cancer	\$35
3	CA 19.9 (Pancreas)	To screen for pancreatic cancer	\$35
4	PSA (Prostate) - Male	To screen for prostate cancer	\$35
5	CA 125 (Ovary) - Female	To screen for ovarian cancer	\$35
6	BHCG Cancer Marker (Testicular) - Male	To screen for testicular cancer	\$35
7	CA 15.3 Cancer Marker (Breast) - Female	To screen for breast cancer	\$35
8	EBV Cancer Marker (Nose & Throat)	To screen for nose and throat cancer	\$35
9	<b>Cancer Markers Bundle</b> 1. AFP (Liver) 2. CEA (Colon) 3. CA 19.9 (Pancreas) 4. PSA (Prostate) / CA 125 (Ovary) 5. BHCG (Testicular) / CA 15.3 (Breast) 6. EBV (Nose & Throat)	To screen for liver, colon, pancreatic, prostate/ovarian, testicular/breast, and nose & throat cancer	\$189
<b><u>HEART SCREENING</u></b>			
10	Cardiac Screen (hsCRP, Apolipoprotein A1, Apolipoprotein B, Apolipoprotein B/A1 Ratio)	To assess and quantify risk of heart disease and related cardiovascular conditions	\$85
<b><u>DEFICIENCY SCREEN</u></b>			
11	Vitamin D, Vitamin B12, Folate (Folic Acid), Iron	To screen for deficiency in certain key vitamins and minerals	\$100
<b><u>STOMACH SCREENING</u></b>			
12	Helicobacter Pylori (HPY)	To detect infections caused by the bacteria H. pylori	\$35
<b><u>HEPATITIS SCREENING</u></b>			
13	Hepatitis A & B (GLH)	To screen for infection with Hepatitis A virus and Hepatitis B virus	\$40
14	Hepatitis C (HCV)	To screen for infection with Hepatitis C virus	\$40

# Add-On (Optional) Onsite Tests

No.	Add-On (Optional)	Description	Price (in SGD before GST)
<b><u>PRE-MARITAL SCREENING</u></b>			
15	HIV	To screen for HIV	\$15
16	HB Electrophoresis	To screen for inherited blood disorders	\$55
17	HB Electrophoresis Rubella IgG (RUG)	To screen for inherited blood disorders and check for immunity to rubella	\$85
<b><u>HORMONAL SCREEN</u></b>			
18	Anti-Mullerian Hormone - Female	To measure a woman's ovarian reserve to assess fertility potential	\$120
19	Estradiol - Female / Testosterone - Male	To measure key sex hormone levels to evaluate reproductive health and hormonal balance	\$30
20	Female Fertility Profile (Estradiol, Progesterone, Follicular Stimulating Hormone, Luteinising Hormone, Prolactin)	To assess hormonal balance and ovarian function related to fertility and reproductive health	\$100
21	Male Fertility Profile (Testosterone, Follicular Stimulating Hormone, Luteinising Hormone, Prolactin)	To assess hormonal levels influencing sperm production and overall reproductive function	\$80
<b><u>BONE &amp; JOINT PROFILE</u></b>			
22	Calcium, Phosphate, Uric Acid, and Rheumatoid Factor	To screen for bone health, mineral balance, risk of gout, and autoimmune joint inflammation	- \$20 (Package A) - \$30 (Basic Package)
<b><u>OTHER ADD-ONS</u></b>			
23	Allergy Test – Basic (54 allergens) Annex A: 1-54	To screen for immune response to allergens	\$650
24	Allergy Test – Comprehensive (62 allergens) Annex A: 1-62		\$720
25	Stool Occult Blood Test	To test stool sample for blood *To submit stool sample on screening day or to clinic	\$15

# Add-On (Optional) Offsite

No.	Add-On (Optional)	Description	Price (in SGD before GST)
<b>OFFSITE OPTIONAL ADD-ONS</b>			
26	<b>Post Screening Review Tele-Consultation</b> <ul style="list-style-type: none"> <li>At point of registration</li> <li>After registration / results</li> </ul>	To review health screening results with doctor virtually	\$12 \$16
27	<b>Post Screening Review Face-to-face Consultation</b> <ul style="list-style-type: none"> <li>At point of registration</li> <li>After registration / results</li> </ul>	To review health screening results with doctor face-to-face at list of clinics	\$15 \$20
28	<b>4-strain Flu Vaccination</b>	To provide protection against infection by influenza viruses	\$35
29	<b>Electrocardiogram (ECG)</b>	To detect heart abnormalities	\$20

# Annex A – Allergy Tests

No.	Description
1	Bermuda grass
2	Timothy grass
3	Grass mix 5: Sweet vernal grass, Bermuda grass, Timothy grass, Cultivated ry
4	Acacia
5	Latex
6	Oil palm
7	Dermatophagoides pter.
8	Dermatophagoides farinae
9	Dermatophagoides microcera
10	Tyrophagus putrescentiae
11	Glycyphagus domesticus
12	Blomia tropicalis
13	Cat
14	Dog
15	Horse
16	nBOS d6 BSA (Milk)
17	Feather mix 1: Chicken feathers, Goose feathers
18	Kapok
19	Honey bee venom
20	Cockroach (German)
21	Candida albican
22	Mould mix 1: Penicillium notatum, Cladosporium herbarum, Aspergillus fumigatus, Alternaria alternata,
23	Wheat flour
24	Gluten
25	Egg white
26	Milk
27	nBos d4 alpha-lactalbumin (Milk)
28	nBos d5 beta-lactoglobulin (Milk)
29	nBos d8 Casein (Milk)

No.	Description
30	Chocolate
31	Peanut
32	Soybean
33	Hazelnut
34	Almond
35	Baker's yeast
36	Glutamate
37	Codfish
38	Tuna
39	Salmon
40	Crab
41	Shrimp (Pacific)
42	Lobster
43	Duck meat
44	Beef (cooked)
45	Pork (cooked)
46	Chicken
47	Lamb
48	Cheddar Cheese
49	Tomato
50	Garlic
51	Strawberry
52	Kiwi
53	Shellfish mix 1: Spiny lobster, Oyster, Clam
54	Coffee
55	Rye flour
56	Egg yolk
57	Sesame
58	Carrot
59	Potato
60	Apple
61	Celery
62	Peach

# Terms & Conditions – Packages



1. This is an exclusive offer for registrants of the ESG Wellness Series community.
2. Enjoy exclusive Family & Friends Bundle promotion by signing up 2 or more Health Screening Packages of any combination from 6 October 2025 to 30 November 2025 when you spend more than \$300+GST among 2 people to enjoy \$10 discount, \$450+GST among 3 people to enjoy \$20 discount and \$600+GST among 4 people to enjoy \$30 discount. To enjoy this offer, please email [corporatescreening@enterprisesg.com](mailto:corporatescreening@enterprisesg.com) and provide us the full name and contact number of yourself and members that have registered to purchase the Health Screening Packages for verification within 30 days from date of registration. Upon successful verification, ESG will initiate refunds within 14 days to the individual who submitted the request.  
  
**E.g.** Purchase 2x Package B worth \$318+GST and enjoy \$10 discount, final amount \$308.
3. For Family & Friends Bundle promotion, it is not applicable if you spend on a single Health Screening Package worth minimum \$300. E.g. If you sign up for Package D worth \$309+GST only, you will not be eligible for the promotion.
4. Please select your preferred clinic to book an appointment via <https://tinyurl.com/3z74a45s>. Registration date ends on **30 November 2025, 6pm or whenever we reach the full capacity**, whichever comes first. Please refer to Annex A – List of Clinics for more details on address and opening hours
5. The **Redemption Period** will be from 12 November 2025 – 23 December 2025 subjective to the respective clinic's available slots. Please note that while we attempt to serve you well, the offsite clinics may experience high traffic at certain point of time, we seek your patience and understanding.
6. To learn and select the right screening package, please visit <https://enterprisesg.com/screening-assessment/> for a Free Self-Assessment test or watch the video [here](#).
7. An automated confirmation email will be sent to the email address entered upon completion of the appointment booking within 5 minutes. Please check your email junk folder if you did not receive it. Please keep your email confirmation and bring it along with you on the appointment day for verification purposes.
8. For the Health Screening Packages and Add-On Optional Tests, they must be pre-purchased and are only available at Associate Clinics on appointment basis. No Walk-ins will be accepted and will be strictly via Online Appointment.
9. All Packages and Add-On Optional items are non-refundable. The Packages are to be redeemed at the chosen clinic on the screening day. There will be no refund if you sign up for any of the Packages (Package A – D) and/or Add-on Optional items if you did not turn up on the screening day. If you're unable to make it for the appointment, you can inform ESG at least 48 working hours prior to the appointment date for a one-time reschedule at the same clinic without penalty within the stipulated redemption period from 20 November 2024 – 20 December 2024. For every subsequent appointment change request for appointment date/time there will be an admin fee of S\$10 + GST chargeable to the employee.
10. Kindly fast for at least 8 hours prior to your health screening time slot. There will be no refund for any of the Packages (Package A – D) but did not fast.
11. For female who are on their period during the screening day can opt to schedule an alternative day for urine and/or stool sample collection at the same clinic where you did your health screening.
12. You will receive your softcopy of your medical report via your provided email at point of registration (with 2FA) within 3 to 5 working days after your screen. Please check your Spam/Junk Email Folder if you did not receive the email by then.
13. ESG reserves the right to vary the packages offering including the clinic locations and operating hours.
14. For any queries, please email [corporatescreening@enterprisesg.com](mailto:corporatescreening@enterprisesg.com)



# Annex B – Associate Clinics

**Associate Clinics conveniently located at every part of Singapore**

## **Q & M Medical & Aesthetics @ Farrer Park**



180 Kitchener Road #B1-13/15 City Square Mall Singapore 208539



6509 9558



21, 23, 64, 65, 66, 67, 125, 130, 139, 147, 857, NR6

Farrer Park MRT

### **Operating Hours:**

Mon - Fri: 0900 to 1300; 1400 to 1700; 1800 to 2100  
Sat - Sun: 0900 to 1300; 1400 to 1700

## **Q & M Medical Clinic @ Buangkok MRT**



10 Sengkang Central, #01-02, Singapore 545061



6242 9133



27, 43, 43M, 43e, 102

Buangkok MRT

### **Operating Hours:**

Mon - Thurs: 0900 to 1400; 1800 to 2100  
Fri: 0900 to 1400  
Sat & Sun: Closed

## **Q & M Medical Clinic @ Bukit Batok**



Blk 151 Bukit Batok Street 11 #01-252 Singapore 650151



6565 3866



61, 77, 106, 173, 177, 189, 852, 941, 945, 947

Bukit Batok MRT

## **Q & M Medical Clinic @ Tampines 1**



10 Tampines Central 1 #04-18/19 Tampines 1 Singapore 529536



6781 3323



3, 8, 10, 18, 19, 22, 23, 28, 29, 31, 37, 38, 39, 65, 67, 69, 72, 81, 291, 292, 293, 969

Tampines MRT

### **Operating Hours:**

Mon - Thurs:  
0900 to 1400 ; 1800 to 2100  
Fri - Sat:  
0900 to 1400  
Sun: Closed

## **Q & M Medical Family Clinic @ Serangoon Central**



Blk 261 Serangoon Central Drive #01-29 Singapore 550261



6488 2336



22, 43, 45, 53, 58, 70, 70M, 100, 107,

Serangoon MRT

### **Operating Hours:**

Mon, Wed, Fri:  
0800 to 1300; 1400 to 1700  
Tues & Thurs:  
0800 to 1300; 1400 to 1700; 1800 to 2130  
Sat: 0800 to 1300  
Sun: Closed

### **Operating Hours:**


Mon, Thurs & Fri: 0900 to 1300 1400 to 1700 1800 to 2100	Tue & Wed: 0900 to 1300 1400 to 1700 Sat: 0900 to 1300 Sun: Closed
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# Annex B – Associate Clinics

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## **SKY Medical @ 100AM Mall Tanjong Pagar**

 100 Tras Street, 100AM Mall, #04-02 Singapore 079027

 6320 0468


 10, 145, 30, 80


Tanjong Pagar MRT


### **Operating Hours:**

- 9am – 1pm, 2pm – 6pm (Mon – Fri)
- 9am – 1pm (Sat)

## **Unihealth 24-HR Clinic @ Jurong East**

 135 Jurong Gateway Rd #01-317 Singapore 600135


 6970 5868

 506, 502, 97, 51, 176, 105


### **Operating Hours:**

24-hrs (Health Screening 9am-1pm)

## **Caring Medical Clinic**

 735 Pasir Ris St 72, #02-330, Singapore 510735

60380228

 3, 39, 53, 53A, 68, 81, 89, 89A, 109, 359, 518, 518A



Pasir Ris MRT

### **Operating Hours:**

- **8.30am-2pm, 3pm-9pm (Mon)**
- **8.30am-2pm, 6pm-9pm (Tues-Fri, Sun)**
- **8.30am-12.30pm (Sat)**